## Mt. Airy Baseball Covid-19 Protocol February 4, 2021

## 1. Masks:

- a. All athletes must wear masks on and off the field, with the exception of pitchers in the field at the AAA level and above.
- b. All coaches, umpires, and spectators must wear masks at all times, unless safely distanced and not interacting with players or others.
- c. Masks shall completely cover nose and mouth.
- 2. **Symptoms or Exposure:** Coaches, players, umpires, and spectators must self-evaluate for covid symptoms. Anyone experiencing symptoms, awaiting a test result, or with a recent known exposure to a covid-positive individual must stay home, following applicable guidance regarding exposure and isolation.
- 3. **Distancing**: Coaches, players, umpires, and spectators must adhere to physical 6-foot distancing, to the extent possible, except when game situations may temporarily prevent it.
  - a. When off the field, players should spread out using the dugout area as well as the area surrounding the dugout. Players are encouraged to bring a camping chair to set up outside the dugout. Teams should avoid having more than four people in the dugout at once to maintain social distancing.
  - b. During games, the umpire will be positioned behind the pitcher or otherwise in the field, but not behind the plate.
  - c. Players should refrain from high fives, handshake lines, and other contact with others. A "tip the cap" can be used following the game.
  - d. Spectators may not linger behind the dugout, backstop, or in other player areas. Spectators are encouraged to bring their own camping chairs and spread out down the baselines or in the outfield.
  - e. During practices, coaches are encouraged to break the team into small groups for instruction and avoid the entire team congregating at one location.
  - f. Families should avoid carpooling to games or practices.

## 4. Surfaces, Food, & Drink:

- a. Players and coaches should limit sharing of equipment. To the extent equipment must be shared, it should be wiped down using disinfectant.
- b. Athletes, coaches, and umpires should bring their own personal drinks and food to all team activities. There should be no shared beverages or snacks.
- c. Hand sanitizer will be available at games and practices.
- 5. **Government Regulations**: All participants must conform to all city, state, and federal covid regulations, as they may be updated from time to time.